



# EMERGENCY

## SAFETY AND EMERGENCY PROCEDURES

### HERE ARE SOME TIPS FOR KEEPING YOUR HOME SAFE:

Know where the nearest fire exit and fire extinguisher is situated and how they work. If a fire breaks out:

- Phone the Fire Department on 011 375 5911.
- Warn your neighbors.
- Evacuate the building immediately using the stairs or the fire escape and not the lifts;
- Break the glass to obtain the key to the fire escape door if applicable, and use this as an exit route.
- Help children and the elderly if possible.
- Drape wet blankets or towels over yourself and family members to reduce the danger of burns and smoke inhalation.
- Do not try to rescue all your possessions.
- Do not attempt to jump from windows or throw possessions from windows.
- Do not use fire escapes as meeting places. They must be kept absolutely clear. Doors to fire escapes should be kept closed.

### ACCIDENT PREVENTION IN THE HOME:

Many accidents happen in the home, and these can be avoided if you are vigilant and ensure you put measures in place to prevent accidents from happening. Remember that children like to explore and can hurt themselves in places that may seem safe for adults.

## KEEP YOUR FAMILY SAFE IN THE HOME.

- Too many appliances plugged into one plug point can cause a fire.
- Frayed electrical cords/wires on appliances are dangerous.
- Do not put heaters near blankets or clothing.
- Switch off heaters when you go to sleep.
- Cover open plugs so small children cannot put their fingers or objects into them.
- Make sure there are no wires or electrical cords where children can trip over them.
- Make sure that handles of pots on the stove are well out of each. Turn the pot so that the handles do not face the edges of the stove and cannot be reached by a child. Place hot tea out of a young child's reach.
- Make sure you know how to use gas appliances and stoves safely. If you use gas make sure the room has some ventilation, like an open window.
- Keep all medicines, matches, cleaning materials and household poisons out of reach of children.
- Do not leave small children alone in the bath or near a bucket of water, a child can drown in 30 seconds in only 4cm of water and without making a sound.

## SAFETY IN A HIGH-RISE BUILDING:

- Ensure children do not play on the stairways and next to windows.
- Do not let children play on the fire escapes.
- Teach children how to use the lift safely.

## SAFETY OUTSIDE

- Children often play in potentially dangerous areas, such as the parking lot.
- Drivers must be careful when driving or parking their cars. Remember that because they are small, children are often hard to see, so you need to be more cautious in these areas.
- Teach your children to be aware of cars and taxis. Teach them how to cross the road and about the dangers in parking lots of your building.